



IN THE CUT – 5k Fun Run/Walk

Day of Logistics

DIRECTIONS:

Nankin Mills recreation is in Westland, MI along the Edward Hines Drive Park Route.
33325 Edward N Hines Dr, Westland, MI 48185

- From West – Newburgh to Edward Hines Drive – East
- From East – I-96 to Farmington Rd to Edward Hines Drive – East
- From North – I-275 S to I-96 to Newburgh Rd to Edward Hines Drive – East
- From South – I-39 to Ford Rd West to Edward Hines Drive – West

8:00 a.m. - 8:45 a.m. - packet pick-up/late registration

9:15 a.m. – Focus Fitness Warmup / Honorary Chairs and Sponsors

9:30 a.m. – Runners/Walkers Start

ASSISTANCE: Race volunteers will have on Purple T-Shirts, with Pink Writing

PARKING:

Participants may park in the Nankin Mills Administrative lot / or Nankin Hills Recreation Area look for signage and flaggers.

First Aid: Assistance near check in location / Marked with First Aid Symbol










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Nankin Mills Recreation Area



Top of Stairs

-  Check In
-  Parking
-  Start Line
-  Entrance
-  Restroom
-  Health Screenings
-  Partner Tables
-  Stairs
-  First Aid